

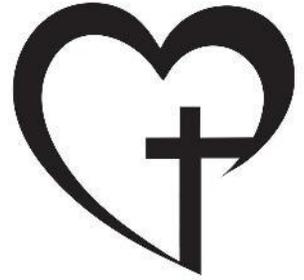
How to Spend Time with God

Why do we spend time with God? To know him.

Matthew 22:37 – “Love _____ with all your heart.”

Daniel 11:32 – “People who _____ God will be strong.”

We spend time with the people we love, and we get to know them better.



How do we know God? By reading the Bible.

1 Peter 2:2 – “Want to read the Bible like a baby wants _____.”

Joshua 1:8 – “Think about what God says _____ and _____.”

Why does a baby need milk? For their bodies to grow.

Why do we need God’s word? For our heart to grow.

We spend time with God to get to know him and love him.

Knowing God helps us grow to be strong and ready.



How do we understand what we read? We take time to think (meditate).

Picture it. Imagine it in your mind.

Pronounce it. Say the verse aloud. Think about what each word means.

Paraphrase it. Say or write the verse in your own way.

Pray it. Talk to God about the words you have read.

Probe it. What are the words saying to me? Is there something I need to do?

God loves us first. We show God we love him back by doing what he tells us to do.

Reading and thinking (_____) about God’s word from the Bible day and night (all the time) helps us know God.



How do we talk to God? By praying.

Mathew 6:9-13 – Jesus taught us how to _____.

The word **ACTS** helps us remember.

Adoration – We start with telling God why we love him.

Confession – We tell God if we did anything wrong, and ask for him to forgive us.

Thanksgiving – We thank God for the good things he has given us.

Supplication – We ask God for what we need.