**How to Pray the Right Way Discussion Guide**

In part two of our series titled “Breaking Free,” we looked at the model prayer in Matthew 6:9-13. In this prayer, Jesus shows us how we are to pray the right way. This prayer is not just a prayer to recite from memory, it is a model we are to use as a guide to help us get our hearts and minds in line with God’s will.

This prayer teaches us two things. First, it gives us an outline that teaches us how to approach God and have a conversation with him. Second, it teaches us what we are to focus on as believers and how we are to prioritize our lives.

This is the model prayer from the model teacher – Jesus Christ. It can be divided into two sections (verses 9-11 and 11-13). Each section contains three petitions or requests. The first three requests focus on God. The second three requests focus on us and our needs.

**Key Passage: Matthew 6:9-13**

**Discussion Questions:**

* How can the Lord’s prayer serve as a model for you as you spend time with the Lord in prayer?
* Walk through each of the seven points of focus from this morning’s message on the Lord’s Prayer and discuss the meaning of each point. (Use the outline from the sermon handout as your guide.)
* Do you ever struggle with any of these points of focus? If so, which one and why?

**Prayer Focus:**

Pray with your family, or by yourself, using the Lord’s prayer and sermon handout as your guide. Meditate on each verse from Matthew 6:9-13 as it’s broken down in the sermon outline from this morning. Ask God to help you pray intentionally as He instructs in this model prayer.

**Next Steps**

1. Read Matthew 6:9-13 each day this week.
2. This week, spend time in prayer once a day, using the model prayer in Matthew 6:9-13 as your guide.