**Holy Hunger Discussion Guide**

We all need food and water to survive. It is essential for life. No one has to tell you you’re hungry or thirsty. It is not necessarily a pleasant feeling, but it does have its benefits. It keeps us going when we’d rather quit. It forces us to work, to strive to satisfy the hunger and thirst inside.

We should not just hunger and thirst of literal food and water. In the fourth beatitude, Jesus tells us we are to hunger and thirst for righteousness and that we are blessed if we do. If we hunger and thirst for righteousness, Jesus will satisfy us. We will discover we have everything we need in Him. Blessed are those who hunger and thirst for a relationship with Jesus.

**Key Verse: Matthew 5:6**

**Discussion Questions:**

* Describe what it feels like to be hungry or thirsty. What does it feel like to satisfy that hunger or thirst?
* What does it mean to hunger and thirst for righteousness? How does Jesus satisfy that hunger and thirst?
* What types of things make it difficult for us to hunger and thirst for righteousness?

**Prayer Focus:**

Ask God to give you a new hunger and desire in your relationship with Him. Ask Him to increase your passion for His Word. Focus on the benefits of having that hunger and passion satisfied in Christ. Thank God for the ways in which He satisfies that hunger.

**Next Steps**

1. Commit to seeking God and looking for satisfaction in Christ and His Word.
2. Meditate on the blessings found in finding satisfaction in Christ.
3. List obstacles that might stand in your way as you seek to truly hunger and thirst for righteousness. Submit those things to Christ and ask Him to increase your dependence on Him.