

DECEMBER 2008 MENU

<u>REGULAR BOX</u>	<u>SENIOR/CONVENIENCE BOX</u> <i>For Seniors or People on the Go!</i>	<u>CHRISTMAS/HOLIDAY DINNER BOX</u>
<p><i>Balanced nutrition and variety with enough food to feed a family of four for a week.</i></p>	<p><i>Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.</i></p>	<p><i>(Quantities are Limited, So Place Your Order Today!!)</i></p> <p><i>Our special holiday box contains everything you need for a traditional Christmas meal.</i></p>
<ul style="list-style-type: none"> 1.5 lb. Choice Cut Beef Roast 2 lb. Breaded Chicken Tenders 2 lb. IQF Chicken Breast 1.5 lb. Pork Chops (4 x 6 oz.) 1 lb. 80/20 Lean Beef Patties (4 x 4 oz.) 28 oz. Salisbury Steak Entree 1 lb. All Meat Hot Dogs 1 lb. Carrots 1 lb. Green Beans 1 lb. Rice 24 oz. Steak-Cut Fries 32 oz. 2% Reduced Fat Shelf Stable Milk 7.5 oz. Mac and Cheese 14 oz. Chicken Broth 7 oz. Corn Muffin Mix Dozen Eggs Dessert Item 	<p>BBQ Pulled Pork: Slow Roasted lean pork in our special Hickory BBQ Sauce, served with Black Eyed Peas, Collard Greens and Cinnamon Apple Sauce.</p> <p>Ground Beef Stroganoff: Tender Ground Beef in Cream Sauce served over Parsley Egg Noodles, Green Beans w/Onions and Fruit Cocktail.</p> <p>Chicken Parmesan: White Chicken in Italian Style Tomato Sauce and Mozzarella Cheese atop Spaghetti, Seasoned Green Beans and Garlic Bread.</p> <p>Meat Patties with Country Gravy and Onions: Lightly floured and seasoned, served in Brown Onion Gravy, Mashed Potatoes, Steamed Broccoli with Cheese and Diced Beets.</p> <p>Meat Loaf with Brown Herb Gravy: Traditional Meat Loaf with Herb Seasoned Brown Gravy, Sweet Potatoes, Green Peas w/Mushrooms and Green Beans.</p>	<p>Sliced Roast Turkey: Roasted, Sliced Turkey Breast served with Dressing and Sage Flavored Gravy, Red Potatoes in Cream Sauce, Green Beans and Jellied Cranberry Sauce.</p> <p>Chicken and Mushroom Bake: Slow Cooked White Chicken served with Mushrooms in a delicious sauce over White Rice, seasoned Turnip Greens and Stewed Tomatoes.</p> <p>Chicken and Broccoli: Tender white Chicken, Broccoli, Creamy Mashed Potatoes, a side of Creole style Okra and a Chocolate Chip Cookie.</p> <p>Burger Stew: Tender Lean Ground Beef Stew with Vegetables served over Seasoned White Rice, accompanied by Broccoli with Mushroom Pieces and Sliced Peaches.</p> <p>Red Beans and Ground Beef: Skillet Cooked Ground Beef served with Red Kidney Beans over White Rice, accompanied by Southern Flavored Collard Greens and a delicious Southern Style Biscuit.</p>
<u>\$30.00</u>	<u>\$28.00</u>	<u>\$35.00</u>

One or More Specials Available Only With the Purchase of Any of the Boxes Above

DECEMBER SPECIAL #1

6.5 lb. Grill Box \$22.00

- 1.5 lb. Prime Rib Steak (2 x 12 oz.)
- 2 lb. Boneless Pork Roast
- 2 lb. Hamburger Beef Steaks (4 x 8 oz.)
- 1 lb. Bratwurst with Cheese

DECEMBER SPECIAL #2

4.5 lb. Meat Combo \$21.00

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Beef Filet (4 x 6 oz.)
- 1.5 lb. Bacon-Wrapped Chicken Filet (4 x 6 oz.)

DECEMBER SPECIAL #3

10 lb. IQF Boneless/Skinless Chicken Breasts \$21.00

- 10 lb. Unbreaded Boneless/Skinless Chicken Breasts

DECEMBER SPECIAL #4

Fresh Fruit and Veggie Box \$21.00

- 3 lb. bag North Carolina Extra Fancy Red Rome Apples
- 3 lb. bag North Carolina Sweet Potatoes
- 2 lb. bag New Crop Medium Yellow Onions
- 1 stalk Sleeved California Celery
- 1 lb. bag California Premium Carrots
- 4 lb. bag New Crop Florida Navel Oranges
- 2 lb. bag New Crop California Lemons
- 2 each New Crop Florida Ruby Red Grapefruit
- 8 oz. California Extra Fancy Raisins
- 4 lb. bag New Crop Idaho Potatoes

DECEMBER SPECIAL #5

Holiday Mixed Fruit Gift Box \$26.00

- 4 Washington State Large, Extra Fancy Red Delicious Apples
- 4 Washington State Large, Extra Fancy Golden Delicious Apples
- 4 Washington State Extra Large, Extra Fancy Granny Smith Apples
- 5 Washington State Large, Extra Fancy Red Anjou Pears
- 4 Extra Large, Extra Fancy Red Rome Apples
- 4 Large Florida Tree-Ripened Navel Oranges
- 4 Large Florida Tree-Ripened Tangerines
- 4 Large Florida Tree-Ripened Tangelos
- 6 Large Florida Tree-Ripened Juice Oranges
- 5 Large Florida Tree-Ripened Ruby Red Grapefruits
- 1 Recipe Sheet

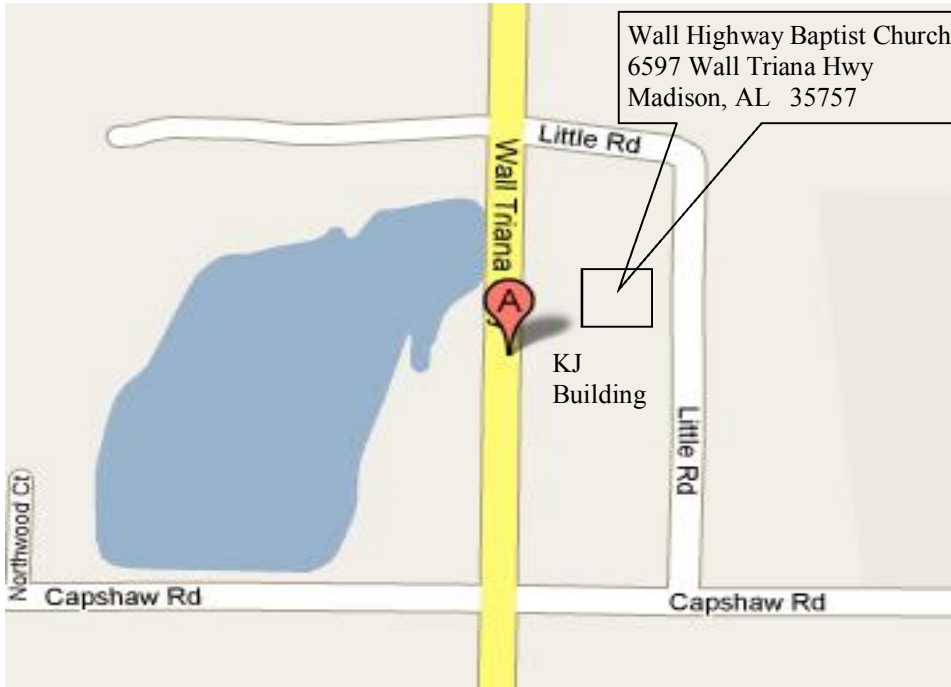
DECEMBER SPECIAL #6

Holiday Meat and Cheese Gift Box \$20.00

- 2 9 oz. Beef Summer Sausage
- 1 9 oz. Summer Sausage
- 1 8 oz. Yellow Sharp Cheddar Cheese
- 1 8 oz. Yellow Mild Cheddar Cheese
- 1 8 oz. Monterey Jack Cheese

angelfood MINISTRIES at Wall Highway

Email to: info@wallhighway.com for more information. Or call 837-0971.



Paid Orders Due:
Wednesday December 3, 2008
Distribution Day:
Saturday, December 20, 2008,
in the KJ Building.
10AM until 11AM, sharp.

Bring a box, or other means to take your items home with you.

Tear on line below. Fill out with order. Write a check to WHBC for total due. Deposit in drop box.

NAME: _____	Phone: _____	
Address: _____	City and Zip: _____	
Email: _____		
****Make checks payable to WHBC ****		
Payment options: Cash or Check # _____	# of Regular	Units: _____ @ \$30 each \$ _____
	# of Senior	Units: _____ @ \$28 each \$ _____
	# of Christmas	Units: _____ @ \$35 each \$ _____
PAID ORDERS MUST BE: Dropped off at a drop box. Located in the foyer, or the CLC, or the church office. Church hours are 8:30AM - 4:30PM M-F. SORRY, NO PHONE ORDERS TAKEN	# of Special #1: _____ @ \$ _____ each \$ _____	
	# of Special #2: _____ @ \$ _____ each \$ _____	
	# of Special #3: _____ @ \$ _____ each \$ _____	
	# of Special #4: _____ @ \$ _____ each \$ _____	
	# of Special #5: _____ @ \$ _____ each \$ _____	
	# of Special #6: _____ @ \$ _____ each \$ _____	
		TOTAL PAID \$ _____